



Do You Hear Me Now?

Relationships & Hearing Loss

February is known as the month of love, giving, and caring. As Valentine's Day approaches, most couples remind themselves of the love and care they have for each other. Hearing loss can impact couples due to lack of communication, frustration, and withdrawal. Isolation can occur, and depression can set in. The person with hearing loss may be perceived as not engaged, not present, not interested, not listening. This can cause a breakdown in how the couple communicates, which is one of the most important pieces of a relationship. It can cause couples to feel less connected to one another and a sense of dissatisfaction.

I am always surprised when couples come into my office complaining about their spouse's lack of compassion and communication, due to hearing loss. When people can't hear well, they frequently interrupt other speakers. They mishear words and inappropriately jump into conversations. Denial of hearing loss is a real thing. I often hear the frustration when couples complain that their spouse is mumbling, which is usually an indication that they are deflecting their inability to hear. I wonder why people wait so long to treat such an important and vital sense, that is so much more than "ears". Treating hearing loss is treating the cognitive parts of the brain, which allows you to hear, interpret, and reply effectively to loved ones.



This Valentine's Day, give yourself or a loved one the gift of hearing. Call (970) 221-5249 to schedule your appointment today and let us help you restore your natural hearing.

Susan Baker is the owner and operator of Advanced Hearing Services in Fort Collins. She has been helping people with hearing loss and tinnitus for the past 18 years. Please call (970) 221-5249 for an appointment today.